

WARNING SIGNS



IT IS IMPORTANT TO MONITOR ALL YOUR SYMPTOMS ON A REGULAR BASIS.

This document is a quick reminder of symptoms that you should look out for and what you should do if they occur.

CALL FOR IMMEDIATE HELP IF YOU EXPERIENCE:

Persistent chest pain that is not relieved by nitroglycerin

Severe and persistent shortness of breath

Fainting

INFORM YOUR DOCTOR OR NURSE AS SOON AS POSSIBLE IF YOU EXPERIENCE:

Increasing shortness of breath and tolerating less and less activity

Consistently awakening short of breath

Needing more pillows to sleep comfortably

Rapid heart rate or worsening palpitations

DISCUSS WITH YOUR DOCTOR OR NURSE:

Rapid weight gain of more than 2 kilos (3 pounds) in three days

Progressive swelling or pain in the abdomen

Increasing swelling of the legs or ankles

Worsening dizziness

Loss of appetite/nausea

Increasing fatigue

Worsening cough

If you have any other symptoms that are causing you concern you should discuss them with your doctor or nurse.

IN CASE OF EMERGENCY, CALL:

enter your doctor or nurse's name

TELEPHONE NUMBER: